

## 2023 OVER \$860,000 GRANTED TO NONPROFITS IN E. WASHINGTON & N. IDAHO

We are grateful to be in a position to do our part by helping small non-profits through our granting efforts, but know that the real heroes are the non-profits themselves. We are pleased to feature the incredible work being done in our region by non-profits who have received a grant from us and are committed to serving our region with tireless efforts and compassionate care. Our sincere gratitude to each of them for making our world a better place.

#### AMERICAN INDIAN COMMUNITY CENTER

The American Indian Community Center (AICC) serves American Indians with basic needs such as meals, food banks, clothing, and much more. AICC's most valuable resource is its relationships. The staff, clients, partners, volunteers, and other supporters are the foundation of the Center's work. Together, these relationships create a sense of belonging for urban-based Native people living in the greater Spokane area. A grant from SBPF provided for the purchase of proteins and reusable grocery bags for their popular food pantry. <a href="https://aiccinc.org/">https://aiccinc.org/</a>

#### ASIAN FOR COLLECTIVE LIBERATION IN SPOKANE

Initial findings from a Community Health Assessment revealed the need for intergenerational mental health programming to bring visibility to Asian and Asian American people, interrupt norms that stigmatize discussion about mental health, break isolation, build relationships, facilitate community and improve mental. ACL Spokane is supported in their efforts to do this with a grant from SBPF. <u>https://aclspokane.org/</u>

#### THE ARC OF SPOKANE

New "Launchpad Program" will provide a hub location at the Community Building in Spokane for IDD (Intellectual and Development Disabilities) individuals to be connected to employment, volunteer, internships, socialization and leisure activities in the neighborhood. Grant funding will be utilized to create an asset map for resources. <u>https://www.arc-spokane.org/</u>

#### **BITE2GO**

The Bite2Go program believes that no child should go hungry. This unique partnership unites two Spokanearea nonprofits, Second Harvest and At The Core, and hundreds of generous community organizations and businesses to provide over 9,233 elementary, middle and high school students with food for the weekends. Many of these children would otherwise face chronic food shortages at home; without Bite2Go they would not get enough to eat. Specifically, the 2023 SBPF grant provided funding to support the 2023-2024 school year for the new Yashuhara Middle School. <u>https://bite2go.org/</u>

#### **BLUE DOOR THEATRE**

New 8-week program called "Improv in the Prisons" is designed to engage and empower incarcerated individuals at the Airway Heights Correctional Center through the transformative art of improvisation. A total of 10 8 week courses will be thought throughout 2024 by an experienced improve faculty member. <u>https://</u>



www.bluedoortheatre.org/

#### **BOYS & GIRLS CLUBS OF SPOKANE COUNTY**

"Music Melodies" is a pilot program for the Boys & Girls Clubs of Spokane County that is designed to support the social and emotional well-being of participants. In combination with a music teacher and a behavioral support specialist, the program will include a variety of options for children to participate in creating music, caring for instruments and how listening to music can impact how we feel. <u>https://www.bgcspokane.org/</u>

#### **CARL MAXEY CENTER**

The Carl Maxey Center continues to work towards Sandy's goal of providing access to legal advice and self-help services through the establishment of the Sandy Williams Justice Center with Free Walk-In and Virtual Racial Justice, Civil Rights and other Civil Legal Clinics. The Progressive Foundation provided full funding for the first "Sandy Williams Racial Justice Legal Clinic Self-Help Coordinator" position. <u>https://www.carlmaxeycenter.org/</u>

#### COMPASSIONATE ADDICTION TREATMENT

CAT is a program that involves a Recovery Community and services for people who suffer from a substance use disorder(s). The focus is on street outreach to people in the downtown corridor and periphery who suffer from substance use disorders, a life-threatening disease by offering community and connection with peer support from those who are successfully walking in recovery is key to this vision. Also offered is Intensive Outpatient services as well as Medication for Addiction Treatment, and case management. A new program began in 2022 to provide a work experience program which this grant funded. Participants in the program worked on a local farm caring for animals, helping with upkeep of the ranch, cleaning, etc. The experience provided an opportunity for participants to add to their resume and build on their recovery through a work experience. <a href="https://catspokane.org/">https://catspokane.org/</a>

#### **ELEVATIONS, A Children's Therapy Resource Foundation**

Expansion of services. Elevating children with special needs reach their full potential by providing access to the resources and support they need to improve their families' overall quality of life. Families with one or more children with special needs who receive one or more therapy services per week quickly exhaust insurance benefits and spend \$20- \$200 per week on insurance co-pays. Parents take extraordinary measures to ensure their children get the care they need, however, the financial burden is often too much to bear. Elevations contracts with licensed professionals in Spokane who provide speech therapy, occupational therapy, physical therapy, dietician services, mental and behavioral health services so children receive funding for the therapy services they need most to thrive within their families and communities. <a href="https://elevationsspokane.org/">https://elevationsspokane.org/</a>

#### FEED SPOKANE

Restaurants, caterers, hotels, grocers, wholesalers, farmers and event centers donate leftover food to Feed Spokane that would otherwise be discarded. The food comes to Feed Spokane in disposable pans and sealed bags provided by supplier donors to the cause. Volunteers and coalition agencies then distribute the food to any of over 40 food pantries and charitable meal sites in our community. <u>https://feedspokane.org/</u>

#### FORGE

Still in it's early stages of growth, Forge provides access to pre-eviction and post-conviction resources for low-income, justice involved and vulnerable individuals to reduce barriers to housing, employment and successful re-entry. Pre-eviction services include providing landlords/tenant rights education, liaise with landlords to prevent eviction, emergency housing financial resources, access to eviction defense and



additional housing resources. Post-conviction resources include access to civil legal aid for record relief (vacate/expungement, record sealing, restoration of rights, etc.) associated court fee assistance and legal financial obligation assistance. A Progressive Fund grant will help the organization create a website.

#### **GIRL SCOUTS OF EASTERN WASHINGTON**

The Progressive Fund provided funding to ensure girls participating in Girl Scouts in Title One schools would be able to participate in STEM robotic programming aimed at bridging educational gaps. Specifically, funding will be used to purchase tablets and robotics kits for Title One school troops. https://www.gsewni.org/

#### **GROWING NEIGHBORS**

Sharing healthy food and relationships is at the heart of Growing Neighbors. They provide opportunities for equitable food access and sustainable community development through starting and expanding community gardens, communal meals, educational workshops, farmers' market booths, free seeds and plant starts, Little Free Pantries for 24/7 food access, community composting, and food deliveries for those with mobility challenges. By supporting communal urban farming, and sustainable environmental practices, Growing Neighbors believes neighbors can create a healthier future together. https://growingneighbors.wordpress. com/

#### HABITAT FOR HUMANITY

A leader in affordable housing ownership programming services for new constructions in Spokane County, Habitat for Humanity is embarking on an initiative to Advance Black Ownership, which will increase access to affordable homeownership options for low-income BIPOC communities. <u>https://habitat-spokane.org/</u>

#### **HEALTH & JUSTICE RECOVERY ALLIANCE**

HJRA works to prevent, disrupt and support restoration for individuals experiencing destabilization/crisis by examining the complicity of systems of oppression and exclusion that exist at all touchpoints across multiple systems. The Health and Justice Recovery Alliance provides a Peer service delivery model that centers the experience of the participant and community in crisis by supporting navigation from crisis to well-being. A grant from SBPF supports their on going mental health resources. https://www.healthjusticerecoveryalliance. orq/

#### HISPANIC BUSINESS PROFESSIONAL ASSOCIATION

HBPA is a Hispanic lead organization that has been serving the Spokane area for the past 26 years and has responded to the changes needed in our community. The mission of helping individuals to become economically and politically empowered, has lead HBPA to become a provider that advocates and ensures that the people served have access to social service programs including economic help for undocumented and small businesses. HBPA received a grant to assist with funding to launch a new program and develop their own field organizer position to build Latine power in Spokane County, including the fundamental human right to reproductive health, mental health, dignity and justice. https://www.hbpaofspokane.org/

#### HOMELESS SUPPORT (annual giving)

The Progressive Fund remains focused on supporting persons experiencing housing insecurity. The Fund has provided and continues to provide funding for critical resources such as food, mobile showers, and other important supplies to stay safe and warm. The Progressive Fund has developed an abundance of relationships with volunteer groups who've served hundreds of thousands of meals and provided other life-saving services meeting people where they are. There is no doubt that people were saved from lifethreatening illnesses and even death by these services.



#### JEWELS HELPING HANDS

Through a partnership with "The Laundry Room on Ash", JHH will provide 100 laundry cards for six months to members of our houseless community. Jewels Helping Hands operates outreach on the streets of Spokane seven days a week, offering services including food, water, weather survival gear and compassionate peer counselors who offer connection to housing services.

#### **KNOX PRESBYTERIAN CHURCH**

Founded in 1888 and located in the Emerson-Garfield Neighborhood of North Central Spokane, Knox has been a neighborhood cornerstone since its inception and today still occupies their original building on the corner of Knox and Post. They are committed to serving our community and using their limited resources to serve the needs within it. A grant from SBPF provides for a feasibility study to explore their land be used to rise up and help alleviate the growing housing crisis in Spokane. A potential 30 – 50 unit workforce housing complex will be studied. <a href="https://www.spokaneknoxpc.org/">https://www.spokaneknoxpc.org/</a>

#### LGBTQ+ SENIORS OF THE INLAND NORTHWEST

Led by an all-volunteer steering committee, the LGBTQ+ Seniors group hosts monthly activities, including Zoom Social Hours, gatherings at area restaurants, and a potluck luncheon. Guest speakers are often invited to address the group on topics such as in-home long-term care, affordable housing, estate planning, and how and where to find legal help. Members of the LGBTQ+ Seniors group also participate in annual community events, such as Spokane's annual Pride Parade and Festival in RiverFront Park. <u>https://www.lgbtqseniorsoftheinlandnorthwest.com/</u>

#### **MiA (Mujeres in Action)**

Mujeres in Action is the only organization in the Spokane region providing culturally responsive intervention services primarily to Latinx survivors of domestic violence and sexual assault (DV/SA) and conducting prevention efforts in Spanish. Since fall of 2018, MiA has been helping Latinx families find safety, stability and independence as well as forming key partnerships with other agencies to expand services to the Latinx community. A SBPF grant help MiA to hire additional staff and meet their growth in services need. <a href="https://en.miaspokane.org/">https://en.miaspokane.org/</a>

#### **MISSION COMMUNITY OUTREACH**

New clothing, hygiene items, diapers and housewares are provided to families in need to alleviate the financial burden on low-income households and those experiencing homelessness without questions or proof of identity. Funding was provided for operations and the purchase of hygiene supplies. <u>https://www.4mission.org/</u>

#### THE MOCKINGBIRD SOCIETY

Through Mockingbird's Youth Programs, young people ages 13-26 with lived experience in foster care and/ or homelessness are trained to become their own best advocates. SBPF funding is specific to Spokane/E. Washington program for participating youth to build skills in public speaking, civic awareness, and community engagement as well as create yearly legislative agendas and advocate for change to the system that impact them. <u>https://mockingbirdsociety.org/</u>

#### **NEW STORY SPOKANE**

Support for Festival that is an openhearted collaboration to "Prosper, together, by caring for Planet and People," and to face fear, aggression, and violence with the strength to love. An additional grant provided for



seed funding for an interactive website that will help direct viewers to organizations and businesses in the Inland NW who are progressively practicing caring for the planet and all people. New Story Spokane is a new organization and fiscal sponsee of the Progressive Fund. https://www.newstoryfestival.com/spokane

#### NISSA (NORTHWEST INFANT SURVIVAL AND SIDS ALLIANCE)

In order to expand critical evidence-based prevention education to rural areas of North Idaho, NISSA needed funding to purchase a trailer to convert to a "mobile education station". SBPF provided a grant to assist with these efforts, and is proud to help provide the opportunity for families in rural areas to receive critical education for safe infant sleep and child passenger safety education, services and resources.

#### **ODYSSEY YOUTH MOVEMENT: LGBTQ+ Safer Schools Program**

Financial support was provided to assist in the expansion of Odyssey's Safer Schools Program as connections are redrawn to school systems, student led clubs, and other student supports. The Safer Schools Program is designed to have multiple branches including direct student connection usually through GSAs (Gender and Sexuality Alliances), the education of trusted adults such as counselors and teachers, as well as the promotion of equity for LGBTQ+ students from a policy perspective. Many GSAs serve as a primary source of connection and belonging for LGBTQ+ youth, and with virtual schooling or strict distancing precautions in place for student safety during COVID, these groups have been extremely limited in what they can offer to their youth peers. Odyssey is expecting a large upswing in youth accessing and looking for resources and a sense of community within their schools, this is the perfect time to enhance what these students and the supportive adults in their schools are able to find. https://www.odysseyyouth.org/

#### **OUR PLACE**

Our Place welcomes any Spokane neighbor in need without guestion. Food, clothing, hygiene products, access to laundry facilities, bus passes and utility assistance are all available. Their Fresh Food Market operates several days a week and includes a variety of proteins, dairy, produce and shelf stable foods. SBPF grant provides assistance in staffing expenses. https://www.ourplacespokane.org/

#### PAGE AHEAD:

This grant helped expand Page Ahead's Book Up Summer program to five more schools (Cheney, Mead & four schools in Spokane). This special program gives young students the tools and incentive they need to read during summer vacation. Grounded in current literacy research, this evidence-based reading program is offered to high-poverty elementary schools through Page Ahead's partnerships with school districts across Washington State. Book Up Summer gives students in kindergarten through second grade their choice of summer reading materials at no cost to the student. At book fairs in April – June, students shop for their own books. Each student receives their choice of 12 new books that are theirs to keep and read over summer vacation and beyond. What's the trick to "making" the kids read the books? Give them books they want to read! Students make their own choices from a wide variety of fun, fiction, nonfiction, series, science related and kid-culture books. There is something to interest even the most reluctant reader! <u>https://pageahead.org/</u>

#### PARASPORT SPOKANE

ParaSport Spokane operates with a mission to provide training, recreation, and competitive opportunities for youth and adults with physical disabilities that promote success, self-worth, and independence. A Progressive Fund grant is helping to expand ParaSport's "Bridging the Gap Program" which provides adaptive sports resources at schools and educates ALL children on inclusion of those with special needs. https://www. parasportspokane.org/



#### **PRO-CHOICE WASHINGTON**

Funding was provided to help expand Pro-Choice Washington's work in Eastern Washington to protect, restore, and expand every person's right and ability to access the full range of affordable, quality, and unbiased abortion, sexual, and reproductive healthcare information and services through movement-building, community education, and grassroots advocacy. <u>https://prochoicewashington.org/</u>

#### **R.I.S.E CAMP COPE**

A new program opened with the help of a Progressive Fund grant, R.I.S.E's mission is to foster resilience, strength and endurance in children who have experienced the death of a parent. They pledge to provide free services through mentoring and peer groups to help grieving children navigate their lives, in childhood and beyond. They are committed to meet children where they are in the grieving and healing process, rally around them and provide a safe space to grieve and heal. <u>https://www.risenorthwest.org/</u>

#### **RIVER CITY YOUTH OPS**

River City Youth Opportunities is expanding their history of cultivating opportunities for youth leadership development in West Central Spokane through food and education by offering after-school programming 3-5 times per quarter and quarterly community resourcing events on a monthly basis. Focal to this growth is partnership with Our Place Community Outreach Center where youth will help create a mural project. <u>https://www.youthops.org/</u>

#### **ROGERS HIGH SCHOOL – MULTI-LINGUAL LEARNERS**

Over 170 multi-lingual students set SMART goals and with the help of staff achieved them for a day trip to Silverwood. Transportation, park tickets and food provided, students ensured the day was full of fun! Writing and physics assignment was included in the day.

#### **ROSALIE MURREY FOUNDATION**

Families who have children with disabilities face an inordinate number of challenges that range from worrying about their child's wellbeing to managing insurance benefits to shoehorning their child's numerous appointments into their already busy schedules. These logistical challenges are amplified in single caregiver households or in households where both caregivers work outside of the home. This new nonprofit will fill a gap in the Spokane region for full-day therapeutic early learning for children ages three to six with disabilities called "Birdie's Nest". In addition to providing therapies on-site, this childcare center will allow families to have a safe place for their children to stay while parents work, including weekend hours for families who may have non-traditional work schedules. https://www.rosaliemurreymemorialfoundation.org/

#### **RURAL RESCOURCES COMMUNITY ACTION - VICTIM SERVICES (Coville, WA)**

Free, confidential and non-judgmental services are provided for survivors of domestic violence and sexual assault in the greater Colville area by Rural Resources Community Action, Victim Services department. Resources include 24-hour helpline, emergency and long-term safe shelter, crisis intervention and on-going support by trained staff, 24-hour response to hospitals and clinics to support survivors seeking medical attention or during appointments, 24 hour in-person response office to police and sheriff's office to provide support an advocacy, referral services and much more. Grant funding was provided <a href="https://ruralresources.com/program/domestic-violence/">https://ruralresources.com/program/domestic-violence/</a>

#### SAFE PASSAGE

Sustain General Advocacy, which ensures that Safe Passage always has trained advocates available to staff crisis line calls, help a domestic violence survivor and their children relocate to a confidential shelter or a safe



hotel, and respond to sexual assault survivors at the hospital. In addition, the SBPF grant will help to expand the Safe Passage Outreach program, which includes disseminating information about Safe Passage services to the community using print materials, radio communication, online ads, and other outreach platforms. https://www.safepassageid.org/

#### SELKIRK CONSERVATION ALLIANCE - NORTH IDAHO

Funding from The Smith-Barbieri Progressive Fund supported Selkirk Conservation Alliance's youth environmental education projects. SCA works with low-income regional public schools (1<sup>st</sup> -12th grades) & Tribal schools (Kalispel Tribe, Spokane Tribe, and Colville Tribe) to provide supplementary environmental education in the form of hands-on activities and projects within the Priest Lake Watershed. SCA seeks to get kids out in their "own back yard" educating them about critical natural resources protection & conservation issues such as biodiversity conservation & water quality protection (to name a few). <u>https://scawild.org/</u>

#### SHADES OF MOTHERHOOD

Black mothers and mothers of babies of color in the United States are still facing significant problems during childbirth due to a lack of resources and support. The Shades of Motherhood Network is a new nonprofit created to fill in this gap by providing innovative resources like peer support groups, empowering community workshops, and comprehensive doula care. Shades of Motherhood was a fiscal sponsee of the Progressive Fund and received a grant for operational support. <u>https://www.theshadesofmotherhoodnetwork.org/</u>

#### SPOKANE HOPE, CENTER FOR DEAF AND HARD OF HEARING CHILDREN

HOPE helps deaf and hard of hearing children learn to listen and talk so they can communicate with the hearing world around them and is the only Listening and Spoken Language (LSL) early learning program in the Inland NW. Funding helped to support an additional part-time speech language pathologist. <u>https://spokanehope.org/</u>

#### SPOKANE MUNICIPAL COURT

Participants of Municipal Court often face adversary and barriers at every step as they attempt to exit homelessness, address substance use and mental health disorders, obtain disability or find employment. For those participants needing assistance, grant funding has been provided for supplemental services of warm weather clothing, cooling supplies for hot weather, state identification replacement, housing assistance, and transportation needs.

#### SIMBA (SPOKANE INDEPENDENT METRO BUSINESS ALLIANCE)

In partnership with Refugee and Immigrants connections, SIMBA will provide business startup training sessions for immigrant and refugee populations, including covering startup filing fees, business licenses, etc. and providing translators when necessary. <u>https://spokaneindependent.org/</u>

#### SOLE AIM

Shoes for houseless community members and children in need are provided by Sole Aim. Both new and used shoes (used shoes are cleaned and refurbished as needed) are distributed via street outreach. This BIPOC led organization is meeting our houseless neighbors where they are and the Progressive Fund was happy to do a small part to help them. <u>https://soleaim.org/</u>

#### SOUTH PERRY MARKET

A new pilot program with Grant Elementary will help to encourage access (and reduce barriers) for families at the South Perry Market to utilize fresh food programs (EBT use and Kernel program). A grant from the



Progressive Fund provided classroom materials and supplies. https://www.thursdaymarket.org/

#### SAN - SPOKANE AIDS NETWORK

SAN empowers people at risk of, or affected by, HIV/AIDS through education, outreach and advocacy. SAN also works in close partnership with community stakeholders to serve as a bridge for resources for people living with and impacted by HIV and AIDS, and grant funding from the Progressive Fund helped to purchase furniture and equipment for expanded office and meeting space. <u>https://www.sannw.org/</u>

#### SANDPOINT AREA SENIORS (Sandpoint, Idaho)

The Sandpoint Area Seniors, Inc. strives to address food insecurity and social isolation among the most vulnerable members of the senior community in Bonner County. They do this by providing nutritious meals both on-site and through home delivery as well as providing a gathering place and informational site for social, recreational, and wellness programs. The Progressive Fund once again provided a grant to help provide food and resources for this organization. <u>https://www.sandpointareaseniors.org/</u>

#### **SPOKANE ALLIANCE**

Spokane Alliance acts on big problems by breaking them down into issues that can be addressed. They listen to what is needed, find like-minded people to work for change, and engage leaders who can help achieve goals. The Alliance believes in building power in order to have the capacity to act: power that is reciprocal, that is tempered by our values and traditions, and that includes more people in the dynamics of public life. A grant by SBPF will help fund "Wrestling With the Truth of Colonization training to help center Indigenous voices in our long-term work to build more equitable communities (training will take place in 2024). https://www.spokanealliance.org/

#### SPOKANE EDIBLE TREE PROJECT

The mission is to bring produce to hungry people utilizing food banks, while simultaneously reducing food waste. The project is a produce-recovery and gleaning program that helps local hunger-relief agencies become more self-reliant in sourcing local surplus produce for their clients. Produce is the most requested food item at food banks, yet it is often the most difficult to secure due to its relatively higher cost and short shelf life. Rotary First works to help food banks with on-going need by both securing large-scale donations of surplus produce to be distributed at food banks around the state and by bringing the Harvest Against Hunger program into local hunger-relief agencies to help start and maintain their own produce-recovery programs. 35,000 pounds of fruit were gleaned in Spokane's first season and it continues to grow. <a href="https://spokaneedibletreeproject.org/">https://spokaneedibletreeproject.org/</a>

#### SPOKANE HELPERS NETWORK

Founded in 2021, this nonprofit meets the basic needs of financially insecure individuals and families by rapidly responding to request for assistance (usually within 48 hours) and delivering essential items such as food, hygiene items, feminine products, diapers, bedding, cleaning supplies and more. In addition, Spokane Helpers Network has partnered with several Title 1 schools to help fill in needs for students (clothing, shoes, snacks, etc).

#### SPOKANE LOW INCOME HOUSING CONSORTIUM

The Spokane Low Income Housing Consortium (SLIHC) is a membership association that promotes the longterm availability of affordable housing in Greater Spokane. In 2023 they created a Land Bank that will provide a resource land parcel donations as well as the sell of land at low or below market rates to nonprofits who wish to develop affordable housing. A SBPF grant contributed to the hiring of the first Director for the Land



Bank. http://www.slihc.org/

#### SPOKANE PUBLIC LIBRARY- SOCIAL SERVICES PROGRAMMING

The Spokane Public Libraries' Social Service program provides crucial support to vulnerable and underserved populations including access to social workers, mental health resources, housing assistance and referrals to community resources. Funding from SBPF provided much needed funding for enhancing services for food insecurity and operations of general social service programs. <u>https://www.spokanelibrary.org/social-services</u>

#### SPOKANE ZERO WASTE

Spokane Zero Waster works to shift culture and commerce in Spokane to eliminate waste and the greenhouse gasses it produces for the benefit of all. The Progressive Fund grant provided startup costs for a new program that develops work for refugee and immigrant women to sew textile recoveries into clothing, bags, etc. Women receive pay for work and are able to work from home. <u>https://spokanezerowaste.org/</u>

#### TEAMCHILD

TeamChild's legal work for court involved youth reveals the many ways that laws, policies, and practices can prevent young people from accessing support and realizing their potential. They apply unique expertise and experience as lawyers to help young people and the supportive adults in their lives understand their legal rights and navigate around and through barriers. TeamChild also identifies ways that systems can change to better meet the needs of young people to reduce the harm caused by incarceration and other forms of punishment. SBPF provided a grant that allowed TeamChild to deepen Eastern and Central Washington community connections to make sure policy work in Olympia reflects the needs of youth in all areas of the state. <a href="https://teamchild.org/">https://teamchild.org/</a>

#### THRIVE INTERNATIONAL

92 units of housing on-site at the Thrive Center includes access to empowerment programs for youth and women, cultural integration activities, weekly medical clinics, clothing, and support for transportation and employment concerns. While the center only opened in 2022, the waiting list is hundreds long. Funding from SBPF helped add a necessary administrative position for capacity building purposes. <u>https://thriveint.org/</u>

#### TRANSITIONS

Trauma informed parenting and secondary trauma management skills for participants and staff. Transitions works to end poverty and homelessness for women and children in Spokane. They operate six programs designed to support our community by providing childcare, housing, job training, and friendly, safe spaces for women and children to visit. <u>https://help4women.org/</u>

#### TREEHOUSE

Treehouse's Graduation Success program began in King County expanding to Spokane with the Fund's support. The program is designed to meet the unique academic needs of youth in foster care. Youth in care face an uphill battle academically. When youth are placed in foster care they experience disruptions to their education through school and home placement changes. They live with uncertainty, loss, and the lasting impact of trauma. As a result, they have the lowest academic outcomes of any demographic group in the state, and fewer than half graduate from high school. Without the foundation of an education their future options are limited, and they are at significantly higher risk of poverty, incarceration, early parenting, and homelessness. <u>https://www.treehouseforkids.org/</u>



#### VALLEY COMMUNITY CENTER (Clarkston, WA)

Grant funded helped to purchase supplies for Valley Community Center. This organization offers low-cost meals, frozen meals, home delivery meals, health care services, a beauty shop, a barbershop, and a full range of social activities, including a yoga class, pinochle, bridge and art and painting classes. <u>http://www.valleycntr.org/</u>

#### **VILLAGE COHOUSING WORKS – VCW**

VCW is a new founded, grassroots organization that intends to build a community-oriented village serving North Spokane County. Households who have experienced housing insecurity will gain access to real homes and stable relationships. The Progressive Fund provided the initial funding for VCW and serves as their fiscal sponsor. <u>https://www.villagecohousingworksspokane.org/</u>

#### WEEKEND FOOD FOR KIDS

Weekend Food for Kids is to supplement the Moscow School District's free summertime lunch program by providing bags of food for weekends during summer to children living in food-insecure circumstances. Volunteers pack grocery bags with mostly nonperishable food items that are easy for a child to prepare with minimal or no adult help. Each bag contains a variety of food and beverages for breakfasts, lunches, dinners, and snacks, and at least two kinds of fresh fruit. The bags are distributed on Fridays at the site where the school district distributes lunches under the Summer Food Program.

#### WEST CENTRAL ABBEY

Located in West Central Spokane, a low resource area without an affordable full-service grocery store, West Central Abbey provides meals multiple times a week to those in need as well as providing the kitchen to a variety of organizations who serve communities in need. Grant funding will provide upgrades to the kitchen so that it may be commercially licensed and expand the opportunity for the kitchen to be utilized by a larger network of organizations. The focus will remain on serving low-income persons.

#### WOMEN'S HEARTH by TRANISITIONS

Funding provided support for both Weekend Resiliency Kits and winter backpacks for women experiencing homelessness. Weekend Resiliency Kits are of supplies for women participating in recovery from substance use disorder to utilize to offset cravings and prevent relapse such as sensory manipulatives (fidget spinners and pop-its), activity books such as crossword and word search puzzles, sudoku for a variety of cognitive abilities and reading levels, coloring pages, etc. Winter backpacks include supplies for survival in cold weather such as socks, gloves, caps, scarves, rain ponchos, flashlights, etc. <u>https://help4women.org/womens-hearth/</u>